JEMDR DEPRESSION ARTICLES



The Journal of Practice and Research (JEMDR) is the EMDR therapy field's quarterly peer-reviewed publication co-edited by Jenny Rydberg and Derek Farrell, Ph.D., MBE. JEMDR is an interdisciplinary journal that stimulates and communicates research and theory about EMDR therapy and its application to clinical practice. It is an EMDRIA member benefit to access the latest publications in this journal! Log in at https://www.emdria.org and find the JEMDR page under the Publications and Resources tab.

Ahmed, A. (2018). EMDR therapy for an elderly woman with depression, traumatic memories, and Parkinson's disease dementia: A case study. *Journal of EMDR Practice and Research*, 12(1), 16-23. Open access: https://doi.org/10.1891/1933-3196.12.1.16

Capezzani, L., Ostacoli, L., Cavallo, M., Carletto, S., Fernandez, I., Solomon, R., Pagani, M., & Cantelmi, T. (2013). **EMDR and CBT for cancer patients:**Comparative study of effects on PTSD, anxiety, and depression. *Journal of EMDR Practice and Research*, 7(3), 134-143. Open access: https://doi.org/10.1891/1933-3196.7.3.134

Gauhar, Y. W. M. (2016). **The efficacy of EMDR in the treatment of depression**. *Journal of EMDR Practice and Research*, *10*(2), 59-69. Open access: https://doi.org/10.1891/1933-3196.10.2.59

Grey, E. (2011). A pilot study of concentrated EMDR: A brief report. *Journal of EMDR Practice and Research,* 5(1), 14-24. Open access: https://doi.org/10.1891/1933-3196.5.1.14

Hofmann, A., Hilgers, A., Lehnung, M., Liebermann, P., Ostacoli, L., Schneider, W., & Hase, M. (2014). Eye movement desensitization and reprocessing as an adjunctive treatment of unipolar depression: A controlled study. *Journal of EMDR Practice and Research*, 8(3), 103-112. Open access: http://dx.doi.org/10.1891/1933-3196.8.3.103

Krupnik, V. (2015). Integrating EMDR into a novel evolutionary-based therapy for depression: A case study of postpartum depression. *Journal of EMDR Practice and Research*, 9(3), 137-149. Open access: http://dx.doi.org/10.1891/1933-3196.9.3.137

Krupnik, V. (2018). **Differential effects of an evolutionary-based EMDR therapy on depression and anxiety symptoms.** *Journal of Practice and Research, 12*(2), 46-57. Open access: http://dx.doi.org/10.1891/1933-3196.12.2.46

Lobenstine, F., & Courtney, D. (2013). A case study: The integration of intensive EMDR and ego state therapy to treat comorbid posttraumatic stress disorder, depression, and anxiety. *Journal of EMDR Practice and Research*, 7(2), 65-80. Open access: http://dx.doi.org/10.1891/1933-3196.7.2.65

Malandrone, F., Carlett, S., Hofmann, A., Hase, M., & Ostacoli, L. (2019). A brief narrative summary of randomized controlled trials investigating EMDR treatment of patients with depression. *Journal of Practice and Research*, *13*(4). Open access: http://dx.doi.org/10.1891/1933-3196.13.4.302

Sepehry, A. A., Lam, K., Sheppard, M., Guirguis-Younger, M., & Maglio, A-S. (2021). **EMDR for depression: A meta-analysis and systematic review.** *Journal of EMDR Practice and Research, 15*(1), 2-17. http://dx.doi.org/10.1891/EMDR-D-20-00038

Shapiro, R., Hofmann, A., & Earl, G. (2013). Case consultation: Unremitting depression. *Journal of EMDR Practice and Research*, 7(1), 39-44. Open access: http://dx.doi.org/10.1891/1933-3196.7.1.39

Wood, E., & Ricketts, T. (2013). Is EMDR an evidenced-based treatment for depression? A review of the literature. *Journal of EMDR Practice and Research*, 7(4), 225-236. Open access: https://doi.org/10.1891/1933-3196.7.4.225

Last Update: Winter 2022