

# EMDR PROTOCOLS AND ASSYST PROCEDURES FOR EARLY INTERVENTION AND PROLONGED ADVERSE EXPERIENCES PUBLISHED STUDIES

By Ignacio Jarero & Lucina (Lucy) Artigas

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As of today, **there are 46 Published Studies** on the ASSYST Procedures, the EMDR-PRECI, the EMDR-IGTP, and the EMDR-IGTP-OTS.

## **AIP MODEL-BASED ACUTE TRAUMA AND ONGOING TRAUMATIC STRESS THEORETICAL CONCEPTUALIZATION.**

Jarero, I., & Artigas, L. (2020). **AIP model-based Acute Trauma and Ongoing Traumatic Stress Theoretical Conceptualization** (Third Edition). *Iberoamerican Journal of Psychotraumatology and Dissociation*, 10(1), 1-10. <https://tinyurl.com/ydtwn7jy>

## **ACUTE STRESS SYNDROME STABILIZATION (ASSYST) PROCEDURES**

1. Becker, Y., Estévez, M.E., Pérez, M.C., Osorio, A., Jarero, I., & Givaudan, M. (2021) **Longitudinal Multisite Randomized Controlled Trial on the Provision of the Acute Stress Syndrome Stabilization Remote for Groups to General Population in Lockdown During the COVID-19 Pandemic.** *Psychology and Behavioral Science International Journal*, 16(2),1-11.
2. Smyth-Dent, K., Becker, Y., Burns, E., & Givaudan, M. (2021). **The Acute Stress Syndrome Stabilization Remote Individual (ASSYST-RI) for TeleMental Health Counseling After Adverse Experiences.** *Psychology and Behavioral Therapy International Journal*, 16(2),1-7.

## **EMDR-PROTOCOL FOR RECENT CRITICAL INCIDENTS AND ONGOING TRAUMATIC STRESS (EMDR-PRECI) RESEARCH STUDIES.**

1. Jarero, I., Artigas, L., & Lubert, M. (2011). **The EMDR protocol for recent critical incidents: Application in a disaster mental health continuum of care context.** *Journal of EMDR Practice and Research*, 5(3), 82–94. DOI: 10.1891/1933-3196.5.3.82
2. Jarero, I., & Uribe, S. (2011). **The EMDR protocol for recent critical incidents: Brief report of an application in a human massacre situation.** *Journal of EMDR Practice and Research*, 5(4), 156–165. DOI: <http://dx.doi.org/10.1891/1933-3196.5.4.156>
3. Jarero, I., & Uribe, S. (2012). **The EMDR protocol for recent critical incidents: Follow-up Report of an application in a human massacre situation.** *Journal of EMDR Practice and Research*, 6(2), 50-61. DOI: <http://dx.doi.org/10.1891/1933-3196.6.2.50>

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4. Jarero, I., Amaya, C., Givaudan, M., & Miranda, A. (2013). **EMDR Individual Protocol for Paraprofessionals Use: A Randomized Controlled Trial Whit First Responders.** *Journal of EMDR Practice and Research*, 7(2), 55-64. DOI: <http://dx.doi.org/10.1891/1933-3196.7.2.55>
5. Jarero, I., Uribe, S., Artigas, L., Givaudan, M. (2015). **EMDR protocol for recent critical incidents: A randomized controlled trial in a technological disaster context.** *Journal of EMDR Practice and Research*, 9(4), 166-173. DOI: <http://dx.doi.org/10.1891/1933-3196.9.4.166>
6. Jarero, I., Schnaider, S., Givaudan, M. (2019). **EMDR Protocol for Recent Critical Incidents and Ongoing Traumatic Stress with First Responders: A Randomized Controlled Trial.** *Journal of EMDR Practice and Research*, 13(2), 100-110.
7. Encinas, M., Osorio, A., Jarero, I., Givaudan, M. (2019). **Randomized Controlled Clinical Trial on the Provision of the EMDR-PRECI to Family Caregivers of Patients with Autism Spectrum Disorder.** *Psychology and Behavioral Science International Journal*, 11(1), 1-8, DOI: 10.19080/PBSIJ.2019.11.555802
8. Estrada, B.D., Angulo, B.J., Navarro, M.E., Jarero, I., Sánchez-Armass, O. (2019). **PTSD, Immunoglobulins, and Cortisol Changes after the Provision of the EMDR- PRECI to Females Patients with Cancer-Related PTSD Diagnosis.** *American Journal of Applied Psychology*, 8(3), 64-71. doi: 10.11648/j.ajap.20190803.12
9. Jiménez, G., Becker, Y., Varela, C., García, P., Nuño, M.A., Pérez, M.C., Osorio, A., Jarero, I., Givaudan, M. (2020). **Multicenter Randomized Controlled Trial on the Provision of the EMDR-PRECI to Female Minors Victims of Sexual and/or Physical Violence and Related PTSD Diagnosis.** *American Journal of Applied Psychology*. 9(2): 42-51.

## **EMDR-INTEGRATIVE GROUP TREATMENT PROTOCOL (EMDR-IGTP)**

### **EMDR-IGTP WITH DISASTERS SURVIVORS.**

1. Brown, R.C., Witt, A., Fegert, J.M., Keller, F., Rassenhofer, M., and Plener, P.L. (2017). **Psychosocial interventions for children and adolescents after man-made and natural disasters: a meta-analysis and systematic review.** *Psychological Medicine*, Page 1 of 13. Cambridge University Press 2017. DOI:10.1017/S0033291717000496
2. Fernandez, I., Gallinari, E., & Lorenzetti, A. (2003). **A school-based intervention for children who witnessed the Pirelli building airplane crash in Milan, Italy.** *Journal of Brief Therapy*, 2(2), 129–136.

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3. Jarero, I., Artigas, L., & Hartung, J. (2006). **EMDR integrative treatment protocol: A post-disaster trauma intervention for children & adults.** *Traumatology*, 12(2), 121–129. Sage Publications. DOI: 10.1177/1534765606294561
4. Jarero, I., Artigas, L., & Montero, M. (2008). **The EMDR integrative group treatment protocol: Application with child victims of a mass disaster.** *Journal of EMDR Practice and Research*, 2(2), 97–105. DOI: 10.1891/1933-3196.2.2.97
5. Adúriz, M.E., Bluthgen, C., Knopfler, C. (2009). **Helping Child Flood Victims Using Group EMDR Intervention in Argentina: Treatment Outcome and Gender Differences.** *International Journal of Stress Management*, 16(2), 138-153. DOI: <http://dx.doi.org/10.1037/a0014719>
6. Maslovaric, G., Zaccagnino, M., Mezzaluna, C., Perilli, S., Trivellato, D., Longo, V., and Civilotti, C. (2017). **The Effectiveness of Eye Movement Desensitization and Reprocessing Integrative Group Protocol with Adolescent Survivors of the Central Italy Earthquake.** *Frontiers in Psychology*. 8:1826. DOI: 10.3389/fpsyg.2017.01826
7. Trentini, C., Lauriola, M., Giuliani, A., Maslovaric, G., Tambelli, R., Fernandez, I., and Pagani, M. (2018). **Dealing with the Aftermath of Mass Disasters: A Field Study on the Application of EMDR Integrative Group Treatment Protocol with Child Survivors of the 2016 Italy Earthquakes.** *Front. Psychol.* 9:862. doi: 10.3389/fpsyg.2018.00862

## EMDR-IGTP DURING ONGOING WAR TRAUMA

8. Zaghrou-Hodali, M., Alissa, F., & Dodgson, P. (2008). **Building resilience and dismantling fear: EMDR group protocol with children in an area of ongoing trauma.** *Journal of EMDR Practice and Research*, 2(2), 106–113. DOI: 10.1891/1933-3196.2.2.106

## EMDR-IGTP WITH WOMAN SEXUALLY ASSAULTED IN THE CONGO

9. Allon, M. (2015). **EMDR group therapy with women who were sexually assaulted in the Congo.** *Journal of EMDR Practice and Research*, 9(1), 28-34.

## EMDR-IGTP DURING ONGOING GEOPOLITICAL CRISIS

10. Jarero, I., & Artigas, L. (2010). **EMDR integrative group treatment protocol: Application with adults during ongoing geopolitical crisis.** *Journal of EMDR Practice and Research*, 4(4), 148–155. DOI: 10.1891/1933-3196.4.4.148

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**EMDR-IGTP PROVIDED TO CHILD VICTIMS OF SEVERE INTERPERSONAL VIOLENCE**

11. Jarero, I., Roque-López, S., Gómez, J. (2013). **The Provision of an EMDR-Based Multicomponent Trauma Treatment with Child Victims of Severe Interpersonal Trauma.** *Journal of EMDR Practice & Research*, 7(1), 17-28.
12. Jarero, I., Roque-López, S., Gómez, J., Givaudan, M. (2014a). **Second Research Study on the Provision of the EMDR Integrative Group Treatment Protocol with Child Victims of Severe Interpersonal Violence.** *Iberoamerican Journal of Psychotraumatology and Dissociation*, 6(1), 1-24. ISSN: 2007-8544. [www.revibapst.com](http://www.revibapst.com)
13. Jarero, I., Roque-López, S., Gómez, J., Givaudan, M. (2014b). **Third Research Study on the Provision of the EMDR Integrative Group Treatment Protocol with Child Victims of Severe Interpersonal Violence.** *Iberoamerican Journal of Psychotraumatology and Dissociation*, 6(2), 1-22. ISSN: 2007-8544. [www.revibapst.com](http://www.revibapst.com)

**EMDR-IGTP PROVIDED TO NGO'S STAFF MEMBERS WHO PROVIDED CARE TO CHILDREN AND ADOLESCENTS WITH SEVERE INTERPERSONAL TRAUMA**

14. Jarero, I., Rake, G., & Givaudan, M. (2017). **EMDR Therapy Program for Advance Psychosocial Interventions Provided by Paraprofessionals.** *Journal of EMDR Practice and Research*, 11(3), 122-128.

**EMDR-IGTP APPLIED TO CAREGIVERS OF PATIENTS WITH DEMENTIA**

15. Passoni, S., Curinga, T., Toraldo, A., Berlingeri, M., Fernandez, I., Bottini, G. (2018). **Eye Movement Desensitization and Reprocessing Integrative Group Treatment Protocol (EMDR-IGTP) applied to caregivers of patients with dementia.** *Frontiers in Psychology*, Vol. 9. Article 967. DOI: 10.3389/fpsyg.2018.00967

**EMDR-INTEGRATIVE GROUP TREATMENT PROTOCOL (EMDR-IGTP) WITH SPANISH-SPEAKING LATINA SURVIVORS OF DOMESTIC VIOLENCE COMPARING EMDR & TF-CBT GROUPS INTERVENTIONS**

16. Harris, H., Urdaneta, V., Triana, V., Vo, C.S., Walden, D., Myers, D. (2018). **A Pilot Study with Spanish-Speaking Latina Survivors of Domestic Violence Comparing EMDR & TF-CBT Group Interventions.** *Open Journal of Social Sciences*, 6, 203-222.

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**EMDR-IGTP PROVIDED TO REFUGEE**

17. Wilson, S., Thinker, R., Becker, L., Hofmann, A., & Kleiner, K. (2000, September). *A field study of EMDR with Kosovar-Albanian refugee children using a group treatment protocol*. Symposium presented at the annual conference of the EMDR International Association, Toronto, Canada.
18. Hurn, R., Barron, I. (2018). **The EMDR Integrative Group Treatment Protocol in a Psychosocial Program for Refugee Children: A Qualitative Pilot Study**. *Journal of EMDR Practice and Research*, 12(4), 208-223.
19. Perilli, S., Giuliani, A., Pagani, M., Mazzoni, G.P., Maslovari, G., Maccarrone, B., Morales, D. (2019). **EMDR Group Treatment of Children Refugees -A Feasibility Field Study**. *Journal of EMDR Practice and Research*, 13(3),143-155.
20. Smyth-Dent, K.L., Fitzgerald, J., Hagos, Y. (2019). **A Field Study on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress Provided to Adolescent Eritrean Refugees Living in Ethiopia**. *Psychology and Behavioral Science International Journal*, 12(4),1-12.
21. Molero, R.J., Jarero, I., Givaudan, M. (2019). **Longitudinal Multisite Randomized Controlled Trial on the Provision of the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress to Refugee Minors in Valencia, Spain**. *American Journal of Applied Psychology*, 8(4),77-88. doi: 10.11648/j.ajap.20190804.12
22. Lempertz, D., Wichmann, M., Enderle, E., Stellermann-Strehlow, K., Pawils, S., Metzener, F. (2020). **Pre-Post Study to Assess EMDR-Based Group Therapy for Traumatized Refugee Preschoolers**. *Journal of EMDR Practice and Research*, 14(1), 31-45.

**EMDR-IGTP FOR ONGOING TRAUMATIC STRESS (EMDR-IGTP-OTS) PROVIDED TO PATIENTS WITH CANCER-RELATED PTSD, ANXIETY AND DEPRESSION SYMPTOMS**

23. Jarero, I., & Artigas, L., Uribe, S., García, L, E., Cavazos, M.A., & Givaudan, M. (2015). **Pilot Research Study on the Provision of the EMDR Integrative Group Treatment Protocol with Female Cancer Patients**. *Journal of EMDR Practice and Research*, 9(2), 98-105.

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24. Jarero, I., Artigas, L., Uribe, S., García, L.E. (2016). **The EMDR Integrative Group Treatment Protocol for Patients with Cancer.** *Journal of EMDR Practice and Research*, 10(3), 199-207.
25. Jarero, I., Givaudan, M., Osorio, A. (2018). **Randomized Controlled Trial on the Provision of the EMDR Integrative Group Treatment Protocol Adapted for Ongoing Traumatic Stress to Patients with Cancer.** *Journal of EMDR Practice and Research*, 12(3), 94-104.
26. Osorio, A., Pérez, M.C., Tirado, S.G., Jarero, I., Givaudan, M. (2018). **Randomized Controlled Trial on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress with Adolescents and Young Adults Patients with Cancer.** *American Journal of Applied Psychology*, 7(4), 50-56. doi: 10.11648/j.ajap.20180704.11

**EMDR-IGTP PROVIDED TO RECENTLY TRAUMATIZED SCHOOL CHILDREN IN KOREA.**

27. Chung Yeub Chung., Daeho Kim., Seok-hyeon Kim., Hwallip Bae.,Kounseok Lee., & Bokja Go (2014). **Treatment Response of Affect Regulation Group Therapy for Recently Traumatized School Children.** *Journal of Korean Neuropsychiatric Association*, 53(3), 171-177.

**EMDR-IGTP FOR ONGOING TRAUMATIC STRESS (EMDR-IGTP-OTS) PROVIDED TO FEMALE PATIENTS TO DEAL WITH THE TRAUMA FROM DIVORCE**

28. Wong, S-L (2018). **EMDR-based Divorce Recovery Group: A case study.** *Journal of EMDR Practice and Research*, 12(2), 58-70.

**EMDR-IGTP PROVIDED AS EMERGENCY TREATMENT TO CHILDREN SURVIVORS OF THE NOVEMBER 13, 2015 TERRORIST ATTACKS IN PARIS.**

29. Marie-Jo Brennstuhl, Fanny Bassan, Anne-Marie Fayard, Mathieu Fisselbrand, Amandine Guth, Maud Hassler, Karen Lebourg, Rachel Pavisse, Lydia Peter, Adeline Thiriet, Pascale Tarquinio, Jenny Ann Rydberg, Cyril Tarquinio. (2019). **Immediate treatment following the November 13 attacks: Use of an EMDR emergency protocol.** *European Journal of Trauma and Dissociation*, 3, 17-21.

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**EMDR-IGTP FOR ONGOING TRAUMATIC STRESS (EMDR-IGTP-OTS) PROVIDED TO FEMALE SURVIVORS OF EXPLOITATION, TRAFICKING AND EARLY MARRIAGE.**

30. Smyth-Dent, K., Walsh, S.F., Smith, S. (2020). **Field Study on the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress with Female Survivors of Exploitation, Trafficking and Early Marriage in Dhaka, Bangladesh.** *Psychology and Behavioral Science International Journal*, 15(3), 1-8. DOI: 10.19080/PBSIJ.2020.15.555911

**EMDR-IGTP FOR ONGOING TRAUMATIC STRESS REMOTE (EMDR-IGTP-OTS-R) AND IN-PERSON PROVIDED TO HEALTHCARE PROFESSIONALS WORKING IN HOSPITALS DURING THE COVID-19 PANDEMIC.**

31. Pérez, M.C., Estévez, M.E., Becker, Y., Osorio, A., Jarero, I., & Givaudan, M. (2020). **Multisite Randomized Controlled Trial on the Provision of the EMDR Integrative Group Treatment Protocol for Ongoing Traumatic Stress Remote to Healthcare Professionals Working in Hospitals During the Covid-19 Pandemic.** *Psychology and Behavioral Science International Journal*. 15(4):1-12. ID:555920. DOI: 10.19080/PBSIJ.2020.15.555920

32. Torricelli, L., Poletti, M., Raballo, A. (2020). **Managing COVID-19-Related Psychological Distress in Health Workers. Field Experience in Northern Italy.** *Psychiatry and Clinical Neurosciences*. DOI: doi.org/10.1111/pcn.13165

**EMDR-IGTP COMPARED WITH CBT IN THE TREATMENT OF CHILDREN AND ADOLESCENTS' SURVIVORS OF THE 2020 EARTHQUAKE IN TURKEY.**

33. Karadağ M, Günel Karadeniz P. (2021). **Comparison of Group Eye Movement Desensitization and Reprocessing with Cognitive and Behavioral Therapy Protocol after the 2020 Earthquake in Turkey: A Field Study in Children and Adolescents.** *Eur J Ther* 2021; 27(1): 40-4. DOI: [10.5152/eurjther.2021.20056](https://doi.org/10.5152/eurjther.2021.20056)

**EMDR-IGTP FOR FEMALE ADOLESCENTS WITH COMPLEX PTSD AND SEXUAL ABUSE**

34. Karadag, M. (2020b). **EMDR integrative group treatment for female adolescents with complex posttraumatic stress disorder who experienced sexual abuse.** *Current Approaches in Psychiatry*, 12(Supp 1), 1–15. <https://doi.org/10.18863/pgy.686609>

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**EMDR-IGTP FOR MILITARY VETERANS WITH PTSD**

35. **Davis, S. (in press). Is the Eye Movement Desensitization and Reprocessing Integrative Group Treatment Protocol (EMDR-IGTP) effective for UK Military Veterans with Post-Traumatic Stress Disorder? A Pilot Study.** University of the West of England. Department of Psychology. Faculty of Health and Life Sciences. May 2021. <https://tinyurl.com/yj36evl4>